

# Welcome to Summer '10!

Welcome to the Boys & Girls Club of Assabet Valley's Full Day Summer Program. The Club's Team is so excited for another fun, game packed summer of the Full Day Summer Program. Our main goal is to provide each and every child with a fun and safe place to play, learn, and build friendships.

The first step is to always hire a caring staff willing to work at achieving the goals The Club has set for the summer. As in past years, the summer's focus will be on "safe fun in the sun." We would like all children to feel comfortable during the time they spend with us here at the Club. To reach this goal, many of last year's staff have returned. The 2010 summer staff is comprised of Pat Bishop, as the Director, Nikki Tyler, Colby Tyler, Sarah Laughlin, Steven Davis, Nathan Costello, Timmy Brannelly & Danielle Fairweather as our counselors. Plus we have added an Enrichment Director to our team. All staff are certified in CPR & First Aid. Each session, kids will participate in different art projects, games and activities each tailored to the session's theme!

If you need to get in touch with your child during the day, please call the game room at 978-897-2474.

The entire staff is eager to begin working with your child/children beginning Monday, June 28th. Thanks for giving us the opportunity to do so. We are confident you will like what you see!

Please don't hesitate to call us with any questions!!!

## DATES & HOURS:

MONDAY—FRIDAY JUNE 28TH—AUGUST 27TH  
8:00AM—5:00PM

Game Room Phone Number: 978-897-2474  
Club Office Phone Number: 978-461-2871

# BOYS & GIRLS CLUB SUMMER NEWS

## S U M M E R N E W S

## Boys & Girls Club Rules

A list of rules has been established for the well-being of all children. We fully expect each child to abide by these rules and each parent or guardian to support the consequences resulting from a child unable to do so.

If an infraction has been committed the child will be given a warning. These warnings will be documented by the counselor of the child and given to the directors of the program as soon as possible. At the director's discretion, continued neglect of the rules may lead to a loss of field trip privileges and the possible suspension or expulsion from the program.

Please ensure your child understands the Club's Rules stated below!

### CLUB RULES

#### CHILDREN MUST REMEMBER:

- 1 Respect counselors and each other. (No putdowns!)
- 2 Stay with the group!
- 3 No fighting, punching, kicking, biting, spitting, throwing rocks, etc. (Keep your hands to yourself!)
- 4 Use appropriate language at all times.
- 5 Children are not allowed to leave the programming areas that include the Boys & Girls Club or outside fields.
- 6 No going into the woods.
- 7 No loitering in the bathrooms.
- 8 Leave personal belongings at home. (i.e. iPod, Cell Phone, Game Systems.)
12. No Gum chewing inside the club.
13. STAFF must walk children across the street.
14. Keep all balls and gym equipment in the gym
15. All food must be kept inside the snack room
16. Members must ask Staff to use the phone.
17. Do not go through anyone else's belongings
18. While in the club there is no running outside the gym
19. No members are allowed outside or in the gym unless accompanied by a staff member.

## For Safety's Sake

As mentioned, safety is our main goal, but it has two parts: physical and emotional. Everyone has the right to their own physical space which must not be violated by a counselor or another child (see rule #3) Also, each child should expect no verbal abuse, which is every bit as dangerous as physical abuse. With this in mind, it is stressed that no "put downs" be used while at the Club. This falls under rule #1.

For safety's sake, attendance will be taken on a daily basis. It is important to know who is present at all times. If you drop your child off after 8:45am, please bring him or her directly to the Club's front desk. We want to be sure that your child is accounted for at all times!

If you are picking a child up early, please send in a note to the counselor who will record the change on his or her daily attendance sheet. If someone other than a parent or legal guardian is to pick up your child, then please include that information in the note and be sure their name is included on the Parent Pick Up Form which is handed out on the first day. If it is to be a long-term situation, then one note detailing the time frame. This step is considered a necessary precaution.

The program does not begin until 8:00 a.m. **No one is allowed to be dropped off before 8:00 a.m.** Supervision of the children cannot be guaranteed until that time! The program ends at 5:00pm. **All children must be picked up by 5:15 p.m.**

Repeatedly late pick-up may result in the termination of the program for your child. Since we stress safety throughout the program, it is vital that parents adhere to this procedure.

Thank you for your cooperation.

*Continued on page 2*

# What Is Appropriate Clothing?

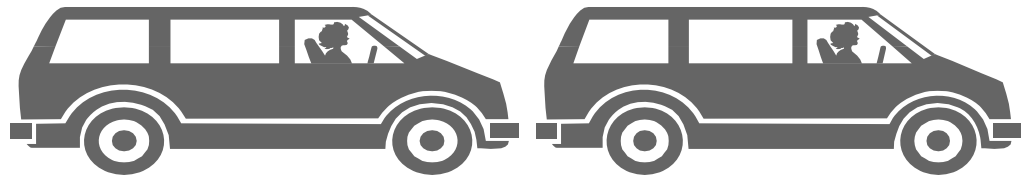
Due to the nature of our program, the children are active a good portion of the day.

For reasons of safety, they should be dressed accordingly.

Most importantly, **children should wear sneakers!**

Other than that, whatever is comfortable for them and allows freedom of movement is acceptable. Also realize that we often work with paints and other art supplies that can possibly stain clothing, so it is not wise to dress your child in apparel that you do not want to see damaged.

Lastly, if it is going to be a sunny day, you may want to take the precaution of applying sun screen to your child before sending him/her off to The Club for a day of fun in the sun!



# Pick-up & Drop-off Procedures

## THE PICK-UP & DROP-OFF POLICY:

- 1 You **MUST** fill out a Parent Pick-Up Authorization Form on the first day of the session indicating all adults who will be picking up your child/children.
- 2 **DROP-OFF.** Parents, guardians, or babysitters will drop-off children at the Boys & Girls Club. Cars must come to a complete stop before a child is allowed to exit or enter a vehicle.
- 3 **PICK-UP.** Pick-Up will take place at The Boys & Girls Club. Parents or guardians must come into the Club to get your child. No phoning in to tell your child you are outside, unless approved by the Program Director.
- 4 Please park in a marked parking spot. **DO NOT** just pull up to the Club to get as close as possible.
- 5 The children will be instructed not to leave with anyone who is not listed on their pick-up authorization form. If someone else is to pick them up then the directors must have written instructions directly from the parent or legal guardian.

## Transportation Policy

The Boys & Girls Club is not responsible for transportation to or from the program. Employees are prohibited from transporting program participants. Field trip transportation will be provided by bus or van unless there is an illness or behavioral problem. If this should happen, the Boys & Girls Club or the Program Directors will bring the child back to the Club and notify the parent/guardian.



## Odds & Ends from the Director

- Once again, field trips will be taken by one or more individual groups rather than the entire program traveling at once with the exception of the trip to *Breezy Water Park Amesbury Tubing, Roll on America, Franklin Park Zoo and Georges Island*. Field trip permission slips and a calendar of events will be given on the first day of each session.
- Members should bring a bathing suit and towel every day.
- There will be theme days this summer. They are indicated on our summer calendar of events and are further explained on this newsletter's last page.
- **We do not provide snacks!** Please make sure your child comes with a snack, beverage and lunch. **All food brought to Club needs to be peanut free.** We will eat lunch around 11:30 each day.
- Children should wear play clothes. They will get dirty.
- If you need to get in touch with us, please call the Club at 978-461-2871.

## Dismissal Policy

For the safety of our participants, employees of the Boys & Girls Club will only release your child to the individuals listed on the Parent Pick Up Form. You may list as many people as you want on this form. If your child needs to be released early due to illness/injury and you are unavailable, as stated in the Medical Policy "If we cannot reach the parent/guardian within 20 minutes, we will call the first person listed on your child's authorization form. A message will then be left with parents/guardians to notify them as to who the child is being sent home with".

Specific written notification is required for all changes in your child's pick-up routine. In addition to a day/date specific note, anyone picking up your child must be listed on the authorization form. For your child's safety, verbal notification is not accepted. If unfamiliar to the staff, the person picking up will be required to show picture identification before the staff dismisses your child. Any changes (including adding or withdrawing names) to the authorization form must be made in writing with the Program Directors.

For the safety of the children, the program does not allow children to be signed in, signed-out, then signed in again later. Once a child is signed-out, he/she cannot be signed-in again that day, unless okayed by the director.

## **Medical Policy**

The following policies are for the protection of the participants and the staff at the Summer Program. Unfortunately, the facilities are not conducive to accommodating children who are not feeling well. Our Staff is CPR and First Aid certified and therefore will have the final decision as to when a child needs to be sent home.

For example, your child would be sent home if:

- They are running an elevated temperature (100.0°F or higher).
- They show signs of any type of rash.
- They have a contagious illness/condition.
- They are nauseous, vomiting or are complaining of a headache.
- They receive an injury that requires further medical attention.

Children who are sent home with a contagious illness/condition will not be re-admitted to the program without a doctor's note. For any emergency medical situation, the Maynard Fire Department will be notified first, followed by the parent/guardian. If a parent/guardian is instructed to pick-up a child, transportation for the child must be arranged within the hour. If we cannot reach the parent/guardian within 20 minutes, we will call the first person listed on your child's emergency contact form. A message will then be left with parents/guardians to notify them as to who the child is being sent home with.

### **Medications**

Staff are not allowed to administer any prescription or over the counter medications. Please administer all medications prior to the start of the program. Please do not send your child to the program with any type of medication. If your child is in need of medication in the event of a bee sting please bring this to our attention upon registering your child.

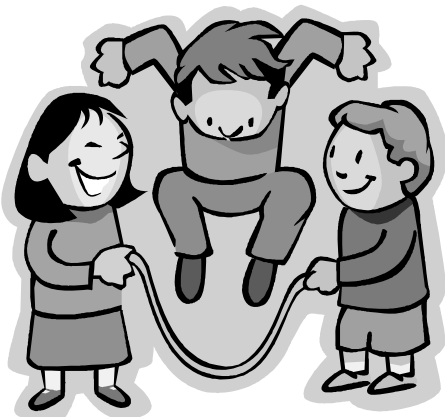
## **Discipline Policy**

The Boys & Girls Club of Assabet Valley endorses fair and age appropriate program rules, which ensure a safe and orderly environment. Program staff, parents and guardians working together, can teach respect for others, the necessity for group rules and the need for peaceful resolution of differences. Within our program, participants are expected to adhere to the same behaviors that are required within the classroom. The Club Staff have final say over what is considered appropriate or inappropriate behavior.

Examples of Discipline Procedures:

When a child's behavior departs from the program's standards of acceptable behavior, any of the following may take place as deemed necessary by Boys & Girls Club Staff.

- Conference with child and staff members
- Loss of program privileges
- Removal from group
- Parents notified
- Loss of field trip/special event privileges
- Suspension from program. Suspension length can vary from 1 day to permanent suspension and is at the discretion of the Program Director.



## **THEME DAYS**

This summer, the full day program has scheduled nine dress-up days in coordination with our Theme Weeks.

This summer's dress up days will be: Red, White and Blue Day, Hawaiian Shirt Day, Graffiti-Me Day, Bandana Day, Animal Print Day, Army Day, Whacky Hat Day, Sports Jersey Day and Backwards Day.

Our initial theme day will take place on Thursday, July 1st as **Red, White and Blue Day**. How Patriotic can you be?

Tuesday, July 6th will be **Hawaiian Shirt Day**. Wear a colorful, flowered shirt.

Wednesday, July 14th finds us celebrating **Graffiti-Me Day!** Wear a white shirt and bring a permanent marker so your friends can sign your shirt to remember the great summer!

Friday, July 23rd will be **Bandana Day**. How many bandanas can you wear and in how many different ways??

Thursday, July 29th will be **Animal Print Day**. Dress like your favorite animal.

Tuesday, August 3rd is **Army Day**. Get your army fatigues ready!!!

Tuesday, August 10th is **Whacky Hat Day**. Do you have a crazy or whacky hat in your closet?

Tuesday, August 17th is **Sports Jersey Day**. Wear your favorite sports jersey or even wear the whole uniform.

Thursday, August 26th is **Backwards Day**. Wear everything that can backwards today!

**It promises to be a fun-filled summer...we're glad you decided to join us!**

**Any questions, please call The Boys & Girls Club at 978-461-2871.**

# FIELD TRIP INFORMATION

## Field Trip Sign Up Information

The Field Trip Permission Slip is enclosed in this packet. Please sign next to which field trip your child/children will be attending. **Please be aware of all ages for each trip.**

## **Breezy Water Park**

Let's start with a fun new trip we added this year!! We will be going to Breezy Water Park in Douglas, MA two times throughout the summer. The dates are scheduled for Tuesday, July 13 and for Tuesday, August 3rd. If rain cancels these trips, they will be rescheduled. The children will depart from the Club at 8:45 a.m. and return at 4:00 p.m. We must inform parents that you cannot block busses when waiting for our return. Please wait in your car until all children are unloaded from the busses.

***Welcome to Breezy Picnic Grounds Waterslides ...*** a family owned recreational facility nestled in the heart of the Blackstone Valley National Heritage Corridor in south central Massachusetts. For over 55 years we've been catering to families throughout New England. Children, as well as their parents and grandparents, can have a full day of family fun at Breezy. Just pack a lunch for a picnic ... or visit our snack bar. Everyone will enjoy swimming in crystal-clear Whitins Reservoir, riding our waterslides ... including our Tunnel Twister slide (all with unlimited rides!), or just relaxing in our clean well-groomed grounds. For more information: log onto <http://breezysummer.com>.

Children in grades 1-6 will travel in groups headed by a staff member. Parents may authorize participants 13 and older to travel the park in the "buddy" system.

Since we'll be spending the entire day at the water park, we recommend that you pack two peanut free snacks and a lunch for your child. Another option you may choose is to send them with some money as food is served on the premises. Other items that should be packed include a bathing suit, towel, and extra set of clothing (you'd be surprised at how many children drench the clothes they wear to the park), water shoes, and sun screen.

It is a wonderful opportunity to have fun in a safe environment. Breezy employees are always on the lookout for potential problems and do not put up with any shenanigans, therefore, the Club feels confident sending them on this adventure.

## **Ice Cream**

An Ice Cream truck will be coming to the Club for (\$2.00) per participant. Participants must bring \$2 to get an ice cream. (Times are indicated on Events Calendar.) Children who do not go to get ice cream will stay with members of their own group or with one of the other groups for the day/hour. Dates for each of the ice cream outings are posted on the activity calendar.

## **Kayak Trips**

The first 13 members to sign up ages 8-12 will be going kayaking. The Club will be providing transportation to and from the Club to the Kayak locations. The Kayak trips are \$8/per person and are due on the day of the trip. The fee includes, a guide, lifejacket and two hours of kayaking. The kayak trips are scheduled for June 29th, we will be going to the Sudbury River in Lincoln from 9:00am-11:00am.

July 21st, we will be going to the Sudbury River from 9:00am-11:00am. The last trip will be August 26th, we will be going to the Sudbury River in Lincoln from 10:00am-12:00pm. All members participating must be at the Boys & Girls Club promptly at 8:30am.

## **Roll on America**

On Wednesday, June 30th, we will be going to Roll on America in Leominster. We will be leaving the club at 9:00 a.m. and will be returning to the club at 3:00 p.m. Members can bring money as there is an arcade and laser tag area located at the rink. Children can also bring their own roller blades or skates.

## **Carnival Day**

On Wednesday, July 7th, there will be a blown up waterslide and a huge obstacle course for the members to enjoy. Please make sure your child comes with a bathing suit towel and if needed sun block.

## **Franklin Park Zoo**

Tuesday, July 27th, we will be taking a field trip to the Franklin Park Zoo. Members will be split up into groups and will be lead through the park by the Club staff. We will be eating lunch at the park, participants should bring a snack and lunch as we will be there for the majority of the day. You can also send your child with money as there are places to buy food and souvenirs. We will be leaving the club at 9:00 a.m. and will be returning at 3:00 p.m.

## **Georges Island**

This summer will be going to Georges Island in the Boston Harbor. We will be going Friday, July 23rd. The bus will be leaving the club at 8:30 a.m. and will be returning at 4:00 p.m. We will be taking a ferry from Boston to the island. Once on the island participants will have the opportunity to participate in a scavenger hunt on the historic island. Members should bring a snack and bagged lunch, as we will be eating on the island. There is a snack bar if you want to give your child money to purchase food there.

## **Amesbury Sport Park**

This summer we will be taking a trip to Amesbury Sports Park in Amesbury, MA. At the Sports Park we will be going Tubing. The bus will leave from the Club at 8:30am and will be back by 2:00pm. This is not a water ride so bathing suits are not required. Please pack a lunch. For more information on Amesbury Sports Park, log onto <http://amesburysportspark.net/index.html>.

## **Patriots Training Camp**

This summer we will be taking a trip to Foxboro, MA to attend the Patriots training camp. There is also a Kidz Zone, with a bunch of blown up obstacles for the kids. In order to participate in the Kidz Zone parents must fill out a waiver form and return it to the club by Tuesday, August 17th. We will be taking a van of 13 kids. If we do have more that are interested we will be bused to the stadium.

## **Walden Pond**

This summer we will be going to Walden Pond two times throughout the summer. We will shuttle participants to Walden using our Club van. Please pack a lunch, bathing suit, towel and sun block. The Club will have it's own beach reserved at the pond with our own Lifeguard.

## **Lake Boone**

This Summer, weekly members will be going to Lake Boone is Stow, twice a week as indicated on your events calendar. Please make sure you child has a bathing suit, towel and sun block. Lifeguard will be on duty.

## **Other Fun Info:**

On Wednesday, August 25th there will be a giant Water Slide and Slip N Slide for all participants. Please make sure your child has a bathing suit, towel & sun block.